Dry eye is one of the most frequent causes of patient visits to eye care practitioners, affecting an estimated 30 million people in the U.S.1 Dry eye symptoms may adversely affect visual function, potentially resulting in reduced quality of life and productivity.2,3

Determining the major etiology behind the dry eye is essential to optimal management. In aqueous deficient dry eye, hyperosmolarity results when lacrimal secretion is reduced. In evaporative dry eye, tear hyperosmolarity is caused by excessive evaporation from the exposed tear film due to insufficient production of protective lipids.5

Diagnosing the underlying cause of dry eye symptoms can be complex. The 2017 Tear Film and Ocular Surface Society Dry Eye Workshop recommends a systematic approach that starts with symptom screening, using validated questionnaires, followed by diagnostic tests intended to accurately classify the condition as aqueous deficient, evaporative, or mixed.6 It is estimated that 30-70% of patients experience mixed dry eye.7 If only aqueous deficient or evaporative dry eye is addressed in these patients, they may be unable to derive adequate relief. A simple way to help relieve patient symptoms is to recommend a dry eye solution designed for all major types of dry eye, such as SYSTANE® Complete. SYSTANE® Complete is designed to supplement all layers and stabilize the tear film, providing relief for all major types of dry eye.8,9

“It is essential that ECPs make a recommendation to ensure patients use the best product for their dry eye symptoms”

SYSTANE® Complete contains HP-guar, a non-ionic polymer that becomes a gel upon instillation and is known to enhance the effect of the active ingredient. SYSTANE® Complete uses Alcon’s advanced lipid nanotechnology which allows for an increased concentration of HP-guar resulting in better coverage10,11 and long-lasting relief.12,13

In addition, SYSTANE® Complete is designed to minimize blurr on instillation due to its nano-droplet formulation.14 Patients using SYSTANE® Complete in my practice report experiencing long-lasting relief.

Patients approach their eye care providers seeking our recommendation for what we feel is going to be best for them. SYSTANE® Complete helps simplify this choice because it is suited for all major types of dry eye, providing patients with better coverage of the ocular surface, fast-acting hydration, and long-lasting relief—it’s one simple choice for optimal relief of dry eye symptoms.10,12,14

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